



Winter menu 2011 / 2012

Cover charge: €2,50

**Bread, Butter, Olives, Olive Oil,
Daily Salad (Feta Cheese, Mushrooms, Cod Fish Salad)**

Daily Specials

MONDAY – Calves Liver

€ 14,50

Tender Calves Liver, Served With Mashed Potato, Gravy and Peas.

TUESDAY – Lamb Stew

€ 14,50

Traditional Portuguese Dish of Lamb, Potatoes and Bread in a Casserole

WEDNESDAY – Portuguese Day

€ 14,50

Join us on a trip around Portugal, sampling every Wednesday a traditional dish from a specific Portuguese region.

THURSDAY – Thai Chicken Curry

€ 14,50

Thai Chicken Curry, Served With Basmati Rice and Poppadoms

FRIDAY – Fish Day

P.V.

Wide Selection of Fresh Fish, Served With Boiled Potatoes and Vegetables

SATURDAY – Fish & Seafood “Cataplana”

€ 20,00

Traditional Algarvian Cataplana. A Selection of Fish and Seafood Stew With Potatoes in a Rich Marinara Sauce.

Starters

Today's Home Made Soup	€ 3,50
Scandinavian Fish Soup <i>Creamy Fish Soup with Vegetables, Shrimps, Mussels & Variety of Fish</i>	€ 7,50
Garlic Bread (plain or with cheese) <i>Baguette With Garlic and Oregano</i>	€ 3,50 / € 4,00
Prawns " Al Guillo" <i>Fresh Prawns Cooked in Olive Oil, White Wine, Garlic & Coriander</i>	€ 14,00
Chicken Livers Salad <i>Sautéed Chicken Livers, served in a bed of Romaine Lettuce, Crispy Bacon, Garlic Croutons and Dressed with Mustard sauce.</i>	€ 8,50
Gravad lax (Scandinavian Speciality) <i>Cured Salmon, Served With Toast and Mustard Sauce</i>	€ 9,50
"Skagen Toast" (Scandinavian Speciality) <i>Icelandic Prawns Dressed With Dill & Mayonnaise, Served with Toast.</i>	€ 10,00

Side Orders

Steak House Potatoes	€3,00	Fries	€3,00
Mixed Vegetables	€3,00	Rice	€3,00
Mashed Potato	€3,00	African Rice	€3,00
Sautéed Spinach	€3,00	Mixed Salad	€3,00

Salads

Caesar Salad (Chicken or Prawn) <i>Chicken or Prawns, Romaine Lettuce, Crispy Bacon, Garlic Croutons and Shaved Parmesan Cheese Finished With a Caesar Dressing</i>	€ 10,00 / €12,50
Niçoise Salad <i>Tuna Fish, Tomato, Egg, Onions, Lettuce and Potato, Finished With Olive Oil and Balsamic Vinegar.</i>	€ 10,00
Tomato and Mozzarella <i>Tomato and Buffalo Mozzarella Salad Dressed With Olive Oil and Balsamic Vinegar</i>	€ 10,50
Spinach Salad <i>Fresh Spinach Leaves, Served With Sautéed Cured Ham, Mushrooms, Parmesan Scales, Roasted Pine Nuts and Dressed With Balsamic Vinaigrette.</i>	€ 9,50

Toasties, Sandwiches

Toasties	€ 5,00
<i>Ham, Cheese, Ham & Cheese, Cheese & Tomato</i>	
Tuna Baguette	€ 6,50
<i>Tuna Paste, Lettuce and Tomato</i>	
Chicken Baguette	€ 6,50
<i>Smoked Chicken Paste, Lettuce and Tomato</i>	
Ham & Cheese Baguette	€ 5,00
<i>Ham, Cheese, Lettuce and Tomato</i>	
Club Sandwich	€ 11,00
<i>Mayonnaise, Lettuce, Smoked Chicken, Bacon, Egg and Tomato Served With Fries</i>	
Steak Sandwich	€ 11,50
<i>Minute Steak and Fried Onions, in Ciabatta Bread, Served With Fries</i>	

Wraps

Tandoori Chicken Wrap	€ 9,50
<i>Chicken Tenderloins Seasoned With Tandoori Paste, Spinach Leaves and Yoghurt Sauce, Served with Fries</i>	
Vegetarian Wrap (Melt) (V)	€ 9,50
<i>Mozzarella Cheese, Tomato & Pesto Sauce Served with Fries.</i>	
Tuna Wrap	€ 7,50
<i>Tuna, Boiled Egg, Lettuce and Tomato, Served with Fries</i>	

Burgers

Dunas Burger	€ 12,50
<i>Prime Beef Burger With Bacon, Lettuce, Tomato, Fried Onion, Gherkins and Goats Cheese Loaded Into a Sesame Bun, Served With Fries.</i>	
Vegetarian Burger (V)	€ 10,00
<i>Vegetarian Burger with Lettuce, Tomato and Fried Onion Loaded Into a Sesame Bun, Served With Fries.</i>	
Plain Burger	€ 8,50
<i>Prime Beef Burger Loaded Into a Sesame Bun, Served With Fries.</i>	

Pastas

- Spaghetti or Penne Pasta** € 10,50
Choose Your Favourite Sauce: Bolognese, Carbonara or Napolitana.
- Dunas Chicken Penne** € 11,50
Penne Pasta Oven Baked with Chicken, Mushrooms, Broccoli, Cream Sauce & Mozzarella Cheese.
- Seafood Linguini** € 14,50
Linguini With Prawns and a Selection of Shellfish, In a Rich Marinara Sauce
- Tagliatelle Salmon** € 13,50
Tagliatelle With Salmon in a Creamy Sauce.
- Lasagne Bolognese** € 12,00
Freshly Prepared Layers of Pasta, Oven Baked with Chef's Prime Ground Beef Bolognese, Béchamel Sauce & Mozzarella Cheese
- Vegetarian Lasagne (V)** € 12,00
Freshly Prepared Layers of Pasta, Oven Baked with vegetables, Béchamel Sauce and Mozzarella Cheese

Pizzas

- Pizza Margarita(V)** € 9,50
Mozzarella Cheese, Tomato Sauce and Oregano
- Dunas Seafood Pizza** € 12,00
Shrimps, Clams, Mussels and Tomato Sauce
- Pepperoni Pizza (Spicy)** € 12,00
Pepperoni, Garlic, Peppers, Onions, Mozzarella Cheese and Tomato Sauce
- Chicken Pizza** € 11,50
Breast of Chicken, Bacon, Sweet Corn, Pineapple, Mozzarella Cheese and Tomato Sauce

Make Your Own (Classic) Pizza or Calzone

€0,75 (each)

Sweet Corn, Mushrooms,
Peppers, Onions, Olives,
Pineapple

€1,00(each)

Ham, Chicken,
Shrimps, Bolognese,
Anchovies

Fish & Shellfish

"Catch of the Day"

P.V.

Chef's Choice of Fresh Fish, Served with Steamed Potatoes and Vegetables (*Please ask the waiter for the Available Fish and Shellfish*)

Fish and Blobs Casserole

€ 16,50

The Traditional Portuguese "Massinhas de Peixe". A Selection of Fresh Fish and Blobs in a Rich Typical Portuguese Sauce, Served in a Casserole.

Dunas Fish & Chips

€ 15,50

Home Beer Battered Fillet of Cod, Served With Mushy Peas, Steak House Potatoes and Tartar Sauce.

Meat

Chicken Piri-piri

€ 11,50

Grilled Chicken Served With Fries, Salad and Spicy Sauce

BBQ Ribs

€ 14,00

Generous Rack of Ribs Served With Fries, Coleslaw Salad and BBQ Sauce.

Lunch Service From 12.00 to 17.30

Value Added Tax Included / *Complaints Book Available*